



STARTERS & SPECIALTIES

Caprese

fresh mozzarella curds, heirloom cherry tomatos, red and yellow peppadew peppers, basil, balsamic reduction, flatbread cracker 10

Marinated Beef Skewers*

grilled, Swedish potato roastie, ahi amarillo cream 15

Crab Cakes

dressed mixed greens, roasted garlic aioli, red pepper relish 16

Sautéed Mussels

white wine, herbs, garlic, focaccia baked fresh daily 13

Calamari Frites

dressed carrot slaw, sweet Thai chili sauce 12

Bacon Wrapped Scallops

Maine maple glaze 16

Whole Chicken Wings

jerk spice rubbed, Maine blueberry BBQ, bleu cheese 12

SOUPS & SALADS

Fish Chowder

blueberry muffin 9/12
recipe includes clams

Lobster Stew

blueberry muffin mkt

Caesar

romaine, shaved parmesan, focaccia croutons, house made dressing 6/9

Garden

mixed greens, veggies, pickled onion 5/8
with choice of house made dressing:
sweet celery seed, bleu cheese, ranch,
balsamic vinaigrette

Autumn Salad

mixed greens, mulled wine poached apples, roasted walnuts, candied ginger, goat cheese, cranberry apple vinaigrette 12

Salads served with your choice of:

Lobster Salad mkt	Calamari Frites 7
Crabmeat Salad 16	Chicken Breast 5
Salmon* 8	Beef Skewers* 8
Shrimp Skewers 8	Falafel 5

FRIED SEAFOOD

baskets and dinners served with fries and cole slaw
dinners with a blueberry muffin

Haddock 13/23

Clams mkt

based upon availability

Shrimp 14/24

Sea Scallops 18/28

Seafood Dinner 26

choose two of the following: haddock, shrimp, scallops

SIDES

French Fries 3	Onion Rings 3
Potato Chips 3	Seasonal Vegetable 3
Coleslaw 3	Homemade Mac n' Cheese 6

ENTRÉES

served with a blueberry muffin

Seafood Risotto

scallops, shrimp and salmon, asparagus, fresh herbs 26

Parmesan Crusted Haddock

pan-seared, smashed red bliss potatoes, seasonal vegetable, roasted tomato beurre blanc 25

Roasted Halibut

parmesan israeli cous cous, Mediterranean relish, roasted garlic pesto 32

Grilled Salmon*

corn and manchego cheese polenta cake, grilled asparagus, romesco sauce 26

Pan-Seared Scallops

quinoa tabouli, celery root purée, sweet potato nest, lavender beurre blanc 32

Seafood Fra Diavlo

sautéed mussels, shrimp, haddock and calamari, spicy tomato and pepper marinara, focaccia 28

Steamed Lobster

lobsters are provided by our local fishermen of Casco Bay
french fries and coleslaw mkt
ADD a lobster mkt

White Bean and Quinoa Ragu

cannellini beans, Tuscan kale, shitake mushrooms, tomatoes, white bean and cumin purée 20

ADD: Salmon* 8	Chicken Breast 5
Shrimp 8	Falafel 5
Beef Skewers* 8	

Chicken and Dumplings

roast chicken, German potato dumplings, seasonal squash, saffron and leek broth 24

Bistro Steak Tips

grilled tenderloin, hand made creamed spaetzle, braised red cabbage, Chambord demi-glaze 28

SANDWICHES

served with house made potato chips and pickle

Haddock

lightly breaded, deep fried, melted cheese 12

Blackened Haddock

lettuce, tomato, cucumber dill sauce 12

Lobster Roll

lightly dressed mkt

Crabmeat Roll

lightly dressed 18

Salmon*

jerk spice rubbed, Thai chili slaw, roasted tomato, lettuce, lemon caper aioli 14

Chicken

buttermilk ranch marinated thigh, deep fried, crispy skin, lettuce, tomato, onion 10

Cheeseburger*

brisket and short rib blend, cheddar, lettuce, tomato, fire roasted jalapeño aioli 12
ADD bacon 2

House Falafel Gyro

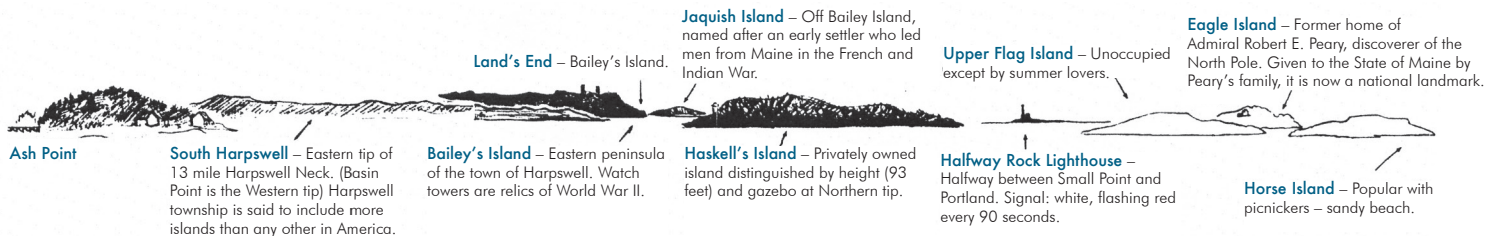
tzatziki, lettuce, tomato, pickled onion, feta, grilled naan 10

Please inform us of all food allergies and dietary requirements;
feel free to ask your server about menu items whose preparation may be adjusted to accommodate a gluten-free diet.
Despite our best efforts small pieces of shell may remain in our freshly picked crabmeat and lobster.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



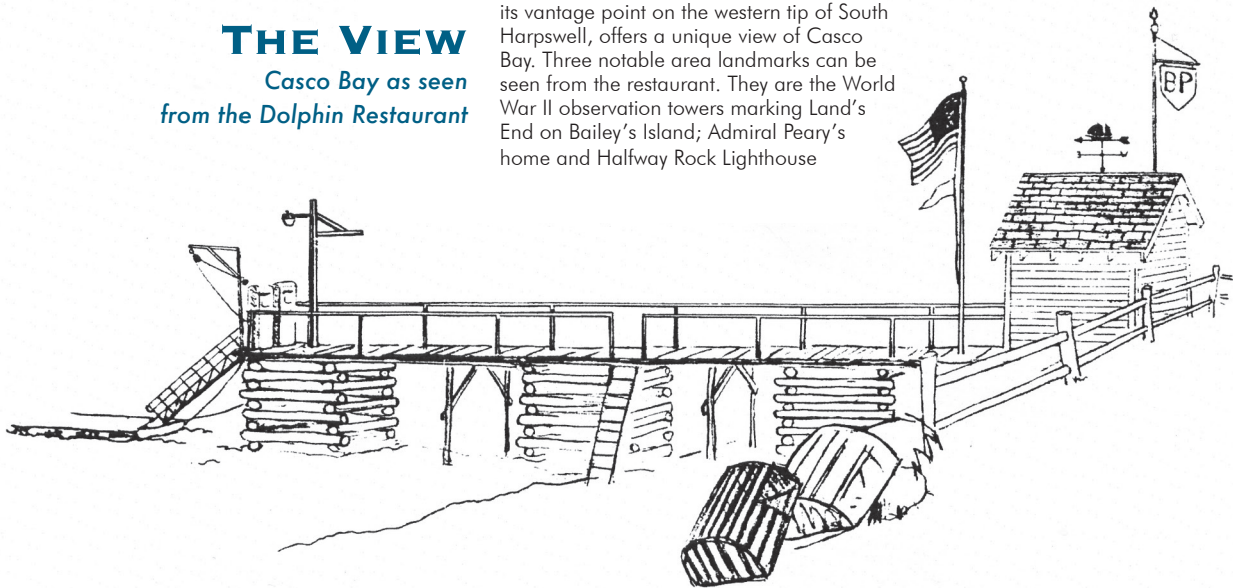
THE
DOLPHIN
MARINA AND RESTAURANT
HARPSWELL, MAINE



THE VIEW

Casco Bay as seen
from the Dolphin Restaurant

The Dolphin, looking south and east from its vantage point on the western tip of South Harpswell, offers a unique view of Casco Bay. Three notable area landmarks can be seen from the restaurant. They are the World War II observation towers marking Land's End on Bailey's Island; Admiral Peary's home and Halfway Rock Lighthouse



ABOUT US...

Traveling 14 miles from Brunswick, along picturesque Harpswell Neck peninsula you find us located on the very tip of Basin Point in Pott's Harbor. Dolphin Marina and Restaurant has been a family owned and operated business for over 50 years. Established in 1966 by Malcolm and Jean Saxton, a continuing commitment to fresh and local products, along with dedication to a warm and welcoming atmosphere has long made the Dolphin a gathering place for locals and visitors traveling by land and sea.

Our marina offers seasonal and transient slips and moorings, fuel, launch service, boat storage and transport.

Monitoring Channel 9

Discover what has made us a local favorite.